



SWIM SCHOOL NEWSLETTER

Term 3 2018

Welcome everyone;

We have hopefully now had the coldest of the weather, thanks to you all for fighting your way through the cold to swimming lessons. Going into the summer season is the most important time to get your children water confident and swimming fit ready for the long beach and pool days with the warmer weather. We hope you had a great term and look forward to seeing you next term!

Important Dates

17th September: Assessments & Term 4 Registration begin
29th October: Term 3 Ends & Registrations confirmed
8th – 12th October: School Holiday Program
15th October: Term 4 begins
8th December: Term 4 ends

Assessments:

For children excelling in their level assessments will occur over the last 2 weeks of term. We would like to remind you that if you would like specific commentary on how your child is progressing to ask your instructor at any point throughout the term. This assessment period is a good point to find out about the progress of your child from their instructor. Our assessment criteria are set by Swim NZ but we are happy to discuss any concerns you have, please feel free to contact their coach or email us at swimschool@synergyfitness.co.nz

In Term 4,

Where suitable we will again combine class levels to make best use of our pool time, class numbers will remain the same and students will only be in a combined class if it's deemed appropriate. This aims to give all children the best opportunities possible.

Aqualine®

SWIM WITH US
Fish Swim Caps just \$10
(caps come in Orange and Pink)



Term 4 Fees:

Term four runs from 15th October to the 8th December.

The cost for lessons will be \$165 for 30-minute classes for Octopus level and below (levels 1 – 5). Whales classes are priced at \$180 for 45-minute classes and \$200 is the price for Dugong for a 1-hour class. If you have two children swimming you will receive a \$5 discount, and for three children you will receive a \$10 discount.

Two lessons per week will increase the skills and confidence of your child rapidly from repetition. People booked in for 2 lessons per week will receive 30% off the second set of lessons.





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Makeup Lessons:

Make-up lessons can be organized on a different day if your child is unwell and we are notified at least 24-hours in advance. Lessons cannot be offered if we aren't notified, give us a call, email, or log into the app to arrange.

Holiday Program: Register now

This holiday program will be split up with small classes of children of equal skill level. This will enable us to improve children's skills rapidly. Lessons will be skill-based and specific for each level. If you would like your child to work on anything in particular let the instructors know!

Lesson times will change depending on number of classes. Lessons subject to numbers.

When 8th – 12th October (5 days)

Cost:

Juniors \$80.00	(30 min classes)
Seniors \$110.00	(45 min classes)

If you are interested in the swim holiday program or have any questions please email us at swimschool@synergyfitness.co.nz.

Referring a swimmer:

If you have friends that are wanting to begin swimming lessons we offer a free trial lesson for new entrants. Please get in contact with us if you have someone in mind.

Swimming tip of the term:

Your head is your steering wheel while swimming, so make sure your head isn't moving around too much.

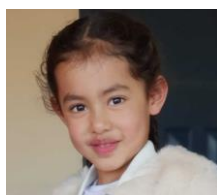
Swimmer of the Month

Congratulations Lucinda and Jessie our swimmer of the month for August and September respectively.



Lucinda Griffiths:

Lucinda has a great attitude and has always been a pleasure to teach.



Jessie Sene-Lane:

Jessie has improved significantly in a short space of time and gained water confidence recently

Quality Swim School – Swimming NZ

We have a Gold Award for the Quality Swim School award developed by Swimming New Zealand.

What does it mean? This means we have high standards of teaching and are recognized to follow industry good practice. We teach your children to swim in a safe environment with instructors that are trained by Swimming New Zealand. To learn more about what a Quality Swim School means read here: https://www.swimming.org.nz/article.php?group_id=646

Check us out online

Timetables here

<https://www.synergyfitness.co.nz/swim-timetable/>

