



# SWIM SCHOOL NEWSLETTER

Term 4 2018

## Welcome everyone;

We are nearly at the end of the year! Hopefully after your term swimming, water confidence has grown. Just remember to always keep watch when your child is near water! Thanks for swimming here at Synergy and we wish you a safe and happy Christmas and look forward to seeing you in the new year!



## Important dates:

To **register for term 1** email your confirmation to:

[swimschool@synergyfitness.co.nz](mailto:swimschool@synergyfitness.co.nz)

9<sup>th</sup> December: Term 4 Ends

11<sup>th</sup> February: Term 1 begins

13<sup>th</sup> April: Term 1 ends

## Changes to the coaching team:

There are changes going on in the team, but we are working hard to make it a seamless transition. We are very excited to announce that Liam will be taking over managing the swim school as after 4 years at the Swim School Francie has moved away to pursue her career. We welcome our new swim instructors Ben and Caitlin. Check out our staff profiles for more information.

## Holiday swimming:

We won't be offering group swimming lessons during the holidays but have a great offer for private lessons during this time. These will be scheduled at your convenience. If you just want to come in for a swim

### *Holiday Special*

**\$350 for 10 or \$195 for 5  
private 30-min lessons**

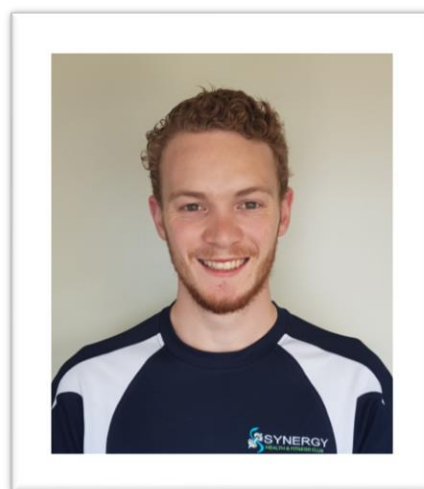
*\*Only available to Swim School students, lessons  
expire 28 Feb 2019*

give us a call and we'll let you know how busy it's likely to be. Casual Swims are \$10 throughout this period. All children under 16 will require supervision.

If you have any questions, please call or email.

## Liam's swimming tip:

*"Confidence in the water is key to becoming a great swimmer. Don't be afraid to let your child play around in the water with supervision as this will allow their confidence to grow."*





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## Recommend us to your friends:

If you have friends that are wanting to start swim lessons, we offer a free trial lesson for new entrants. For every person that signs up on your recommendation we will give you a free 30 minute 1-1 lesson or pair of Kids goggles from our Pro---Shop.

## Changing areas:

Just a reminder for females to **use the designated swim school change area** in the female changing room. Using this area will leave space for gym members. Please feel free to use the hooks and chairs in this area for your possessions.

## Term 1 fees:

**Term One runs from 11<sup>th</sup> Feb – 13<sup>th</sup> April  
New year, but the same price!**

For the 9-week term pricing will be the same for each level this means 30-minute classes will be \$148.50 (Starfish, Jellyfish, Turtle, Lobster, Octopus levels 1 – 5). 45-minute classes will be \$166.50 (Whale level 6) and 1-hour classes will be \$180 (Dugong level 7). Re-enrollment contact will be made in November, December and January through email and text.

## Discounts available

### Sibling lessons:

2<sup>nd</sup> child will have \$0.50 off per class and the 3<sup>rd</sup> child will have \$1 off per class.

### Two lessons per week:

Book for 2 lessons per week will receive 30% off the second set of lessons.

## Makeup lessons:

Make-up lessons can be organized on a different day if your child is unwell and we are notified at least 24-

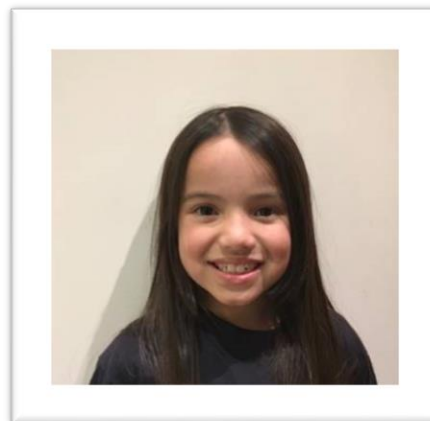
hours in advance. Lessons cannot be offered if we aren't notified, please just give us a call to arrange.

## Assessment criteria:

Assessment criteria is set by Swim NZ but any questions may be addressed to the coach or emailed to [swimschool@synergyfitness.co.nz](mailto:swimschool@synergyfitness.co.nz) assessments will be completed at the end of term 4 to show achievement and reassessed in 2019 to confirm level.

## Swimmer of the term:

Congratulations to Kate Johnson our swimmer for the last term of 2018! Jarred is super impressed with your dedication and great attitude to progressing your swimming this term. *Keep up the awesome work*



## Quality Swim School – Swimming NZ:

As a Gold standard Quality Swim School means we have high standards of teaching and are recognized to follow industry good practice with instructors that are trained by Swimming New Zealand.

**TERM 1 TIMETABLE HERE EARLY FEBRUARY**  
<https://www.synergyfitness.co.nz/swim-timetable/>

